



BASHA

mediterranean

EATERY



APPETIZERS

Hummus | \$7.50

Purée of chickpeas, olive oil, served with pita

Baba | \$8.25

Purée of charbroiled eggplant pomegranate glaze drizzle, served with pita

Falafel | \$6.25

Mildly spiced fava beans, chickpeas, side of tahini

Grape Leaves | \$7.50

Stuffed with rice, tomatoes, onions, topped with feta

Tabbouleh | \$7.95

Parsley, quinoa, scallions, tomatoes, olive oil, lemon juice

Shrimpbau | \$8.75

Shrimp, lemon juice, olive oil, cilantro

Cabbage Roll | \$8.50

Rolled with rice, ground beef, mint, lemon, garlic

Spanakopita | \$7.50

Filo dough, spinach, onions, dill, feta

Stuffed Portabella | \$10.95

Red onions, artichoke hearts, mozzarella, truffle balsamic glaze

Mediterranean Chicken Wings | \$7.95

Baked chicken wings, lemon, garlic, cilantro

Soujouk | \$9.95

Hummus, Armenian spiced beef sausage

Sautéed Spinach | \$10.95

Spinach, olive oil, onions, garlic, lemon juice

Salmon | \$9.95

Baked salmon, lemon juice, spices

SOUPS | \$6.25

White Bean

Tomato base, onions, spices

Lentil

Lentils, potatoes, spinach, onions, celery, spices

Vegetable

Fresh vegetables, spices

SALAD BOWL | \$12.00

Add protein to any bowl for \$2.50

Falafel | Grape Leaves | Gyro | Chicken | Beef | Shrimp | Salmon
\$6.95 \$6.95

1. Choose Greens

Spring Mix | Romaine Lettuce | Both

2. Choose Toppings

Tomatoes | Onions | Cucumbers | Mushrooms | Peppers | Feta
Artichoke Hearts | Kalamata Olives | Brussels Sprouts | Zucchini
Eggs | Banana Peppers | Cauliflower | Garbanzo Beans

3. Choose Dressing

Vinaigrette | Greek | Tahini | Spicy Tahini | Tzatziki | Garlic Dip

GRAIN BOWL | \$12.00

Add protein to any bowl for \$2.50

Falafel | Grape Leaves | Gyro | Chicken | Beef | Shrimp | Salmon
\$6.95 \$6.95

1. Choose Grains

Rice | Quinoa | Both

2. Choose Toppings

Tomatoes | Kalamata Olives | Onions | Cucumbers | Artichoke Hearts

3. Choose Sauce

Aubergine

Tomato base, eggplant, onions, chickpeas, dry mint

Lentil

Broth, lentils, vegetables, spices

Loubia

Tomato base, Italian beans, onions, garlic

White Bean

Tomato base, onions, spices

Baby Okra

Okra, tomatoes, onions, cilantro, garlic

JUST FOR KIDS | \$7.00

Have either plain or add chicken

Grilled Cheese

Hummus



Weekly specials are based on local seasonal ingredients & market availability

2900 Monroe Ave. Rochester, NY 14618 | Phone: 585.417.5006 | Fax: 585.434.4057 | Open Daily | Bashamed.com

PITA

Rolled in sauce with tomatoes, pickled turnips, onions, pickles
Add a side of soup or salad to any pita for \$5

Lamb Shawarma | \$12.00

Tahini -or- spicy tahini, toasted

Salmon | \$12.00

Tahini -or- spicy tahini

Beef Shawarma | \$9.00

Tahini -or- spicy tahini, toasted

Gyro | \$9.00

Tzatziki

ChickBasha | \$9.00

Garlic sauce, toasted

Falafel | \$9.00

Tahini

Grape Leaves | \$9.00

Feta, Greek dressing, toasted

Kofta | \$9.00

Tahini, toasted

PITZA

Grecca | \$12.95

Nut-free pesto, artichokes, chicken, tomatoes, Kalamata olives, mozzarella, feta, fresh basil

Portabella | \$12.95

Mushrooms, Kalamata olives, garlic, red onions, feta, olive oil, mozzarella, tomatoes, peppers, truffle balsamic glaze

Gyro | \$12.95

Spicy tomato sauce, Kalamata olives, garlic, red onions, feta, olive oil, mozzarella, tomatoes, peppers, truffle balsamic glaze

Red | \$10.95

Red sauce, mozzarella, your choice of one topping

Lahm | \$12.95

Traditional Lebanese pizza, ground beef, onions, tomatoes, herbs, side of tzatziki

Kousa | \$12.95

Spicy tomato base, zucchini, red onions, mozzarella, feta, truffle balsamic glaze

PASTA

Gluten-free linguine available

Pollo Spagnola | \$16.95

Basil linguine, chicken, artichokes, onions, spinach, mushrooms, olives, fresh basil, feta

Gambari | \$18.95

Basil linguine, shrimp, mushrooms, tomatoes, onions, fresh herbs

Prima | \$15.95

Basil linguine, mushrooms, tomatoes, onions, fresh herbs

SPECIALTIES

Add a side of soup or salad to any plate for \$5

Veggie Combo | \$16.50

Hummus, baba, tabbouleh, falafel, spanakopita, grape leaves

Lamb Shank Rice Bowl | \$19.95

Braised lamb shank, served with rice & white bean sauce

Cornish Hen | \$16.95

Stuffed with rice, quinoa, ground beef, side of garlic sauce

Mashawe | \$19.95

Grilled sirloin kabob, gyro, chicken kofta kabob, served over rice & white bean sauce, side of hummus

Moussaka | \$15.95

Eggplant, potato, ground beef, red sauce, Greek cream sauce, white bean sauce

Lamb Chops | \$21.95

Served over rice & white bean sauce

Fattoush Salad | \$17.95

Sautéed jumbo shrimp, romaine, parsley, tomatoes, cucumbers, green peppers, brussels sprouts, zucchini, mushrooms, broccoli, cauliflower, banana peppers, olives, garbanzo beans, red onions, artichoke hearts, feta, sumac, mint, pomegranate, lemon juice, topped with toasted pita

DESSERT

Baklava, Assorted | \$6.50

WINE

House Glass \$8.00 | Bottle \$23.95

Lebanese Glass \$9.00 | Bottle \$32.00

BEER

Almaza  | \$6.00

Gold Star  | Kosher | \$6.00

Heineken  | \$5.00

Corona  | \$5.00

Budweiser  | \$4.00

Labatt Blue Light  | \$4.00

Stella Artois  | \$5.00



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