



BASHA

mediterranean

EATERY

GF GLUTEN FREE
 Vegan VEGAN
 NF NUT-FREE
 Vegetarian VEGETARIAN
 Halal HALAL

APPETIZERS

Hummus | \$9.25 GF Vegan Halal

Creamy purée of chickpeas, garlic, extra virgin olive oil, lemon juice

Baba | \$10.25 GF Vegan Halal

Charbroiled eggplant purée blended with garlic, extra virgin olive oil, lemon juice, finished with a pomegranate glaze drizzle

Falafel | \$9.25 GF Vegan Halal

Mildly spiced fava beans, chickpeas, side of tahini

Grape Leaves | \$10.25 GF Vegetarian Halal

Stuffed with rice, tomatoes, onions, topped with feta

Tabbouleh | \$10.25 GF Vegan Halal

Fresh parsley, quinoa, tomatoes, onions, extra virgin olive oil, lemon juice, pomegranate glaze drizzle

Spanakopita | \$9.25 Vegetarian Halal

Filo dough, spinach, onions, dill, feta

Stuffed Portabella | \$12 GF Vegetarian Halal

Red onions, artichoke hearts, mozzarella, truffle balsamic glaze

Shrimpbaui | \$11.75 Halal

Shrimp, extra virgin olive oil, lemon juice, cilantro

Mediterranean Chicken Wings | \$12 GF Halal

Oven-baked wings tossed in lemon, garlic, cilantro

Salmon | \$12.95 GF NF Halal

Baked salmon seasoned with lemon and Mediterranean spices

Sautéed Spinach | \$17.95 GF Vegan Halal

Spinach, quinoa, onions, garlic, lemon juice, extra virgin olive oil

Add chicken for \$5.50 or shrimp for \$7.95

Greens & Beans | \$17.95 GF Vegan Halal

White beans, escarole, onions, garlic, cilantro, extra virgin olive oil

Add chicken for \$5.50 or shrimp for \$7.95

SOUPS | \$7

White Bean GF Vegan Halal

Beans, tomato base, onions, spices

Lentil GF Vegan Halal

Lentils, potatoes, spinach, onions, celery, spices

Vegetable GF Vegan Halal

Fresh vegetables, spices



SALAD BOWL | \$13.25

Add protein to any bowl for \$5

Falafel | Grape Leaves | Gyro | Chicken | Beef | Shrimp | Salmon

\$8.25 \$8.25

1. Choose Greens

Spring Mix | Romaine Lettuce | Both

2. Choose Toppings

Tomatoes | Onions | Cucumbers | Mushrooms | Peppers | Feta
Artichoke Hearts | Kalamata Olives | Brussels Sprouts | Zucchini
Eggs | Banana Peppers | Cauliflower | Garbanzo Beans

3. Choose Dressing

Vinaigrette | Greek | Tahini | Spicy Tahini | Tzatziki | Garlic Dip

GRAIN BOWL | \$13.25

Add protein to any bowl for \$5

Falafel | Grape Leaves | Gyro | Chicken | Beef | Shrimp | Salmon

\$8.25 \$8.25

1. Choose Grains

Rice | Quinoa | Both

2. Choose Toppings (up to 5)

Tomatoes | Onions | Cucumbers | Mushrooms | Peppers | Feta
Artichoke Hearts | Kalamata Olives | Brussels Sprouts | Zucchini
Eggs | Banana Peppers | Cauliflower | Garbanzo Beans

3. Choose Sauce

Aubergine GF Vegan Halal

Tomato base, eggplant, onions, chickpeas, dry mint

Lentil GF Vegan Halal

Lentils, potatoes, spinach, onions, celery, spices

White Bean GF Vegan Halal

Beans, tomato base, onions, spices

Vegetable GF Vegan Halal

Fresh vegetables, spices

JUST FOR KIDS | \$7.75

Add chicken to either for \$5.50

Grilled Cheese Halal

Hummus Halal



Weekly specials are based on local seasonal ingredients and market availability. Prices are subject to change.

2900 Monroe Ave. Rochester, NY 14618 | Phone: 585.417.5006 | Open Daily | BashaMed.com

PITA

Toasted with tomatoes, pickled turnips, onions, pickles

Add a side of soup or salad to any pita for \$5.50

Lamb Shawarma | \$15

Tahini -or- spicy tahini

Beef Shawarma | \$15

Tahini -or- spicy tahini

Salmon | \$15

Tahini -or- spicy tahini

Shrimp | \$15

Tahini -or- spicy tahini

Gyro | \$12.95

Tzatziki

ChickBasha | \$12.95

Garlic sauce

Falafel | \$12

Tahini -or- spicy tahini

Grape Leaves | \$12

Feta, Greek dressing

Kofta | \$12

Hummus

PITZA

Grecca | \$17.25

Nut-free pesto, artichokes, chicken, tomatoes, Kalamata olives, feta, mozzarella, fresh basil

Portabella | \$17.50

Mushrooms, Kalamata olives, garlic, red onions, feta, extra virgin olive oil, mozzarella, tomatoes, peppers, truffle balsamic glaze

Gyro | \$16.50

Gyro meat, spicy tomato sauce, Kalamata olives, garlic, red onions, feta, extra virgin olive oil, mozzarella, tomatoes, peppers, truffle balsamic glaze

Red | \$12

Red sauce, mozzarella, your choice of one topping

Lahmajun | \$16.95

Traditional Lebanese pizza, ground beef, red onions, tomatoes, peppers, parsley, spices, side of tzatziki

Kousa | \$16.95

Spicy tomato base, zucchini, red onions, mozzarella, feta, truffle balsamic glaze

PASTA

Gluten-free penne available

Prima | \$20

Basil linguine with mushrooms, spinach, artichokes, tomatoes, onions, feta, and fresh herbs in our signature red sauce

Add chicken or beef for \$5.50

Pollo Spagnola | \$21

Basil linguine, chicken, artichokes, onions, spinach, mushrooms, olives, feta, and fresh herbs, garlic-infused extra virgin olive oil

SPECIALTIES

Add a side of soup or salad to any plate for \$5.50

Veggie Combo | \$19.25

Hummus, baba, tabbouleh, falafel, spanakopita, grape leaves

Spanakopita Plate | \$19.95

Filo dough, spinach, onions, dill, feta with your choice of Greek salad, or rice and beans

Moussaka | \$21.75

Eggplant, potato, ground beef, red sauce, white bean sauce, Greek cream sauce

Fattoush Salad | \$22

Sautéed jumbo shrimp, romaine, brussels sprouts, zucchini, mushrooms, broccoli, cauliflower, cucumbers, green peppers, tomatoes, parsley, red onions, artichoke hearts, garbanzo beans, banana peppers, olives, feta, mint, sumac, pomegranate, lemon juice, topped with toasted pita

Lamb Shank Rice Bowl | \$25.25

Braised lamb shank, served with rice and white bean sauce

Classic Lamb Chops | \$32.50

Served over rice and white bean sauce

Delight Lamb Chops | \$35

Grilled with sautéed spinach, quinoa, onions, lemon, cilantro

Mashawe | \$24.95 (Small) • \$34.95 (Large)

Grilled beef, chicken, and kofta kabobs, served over rice with white bean sauce, hummus, garlic sauce, and gyro

Small: 1 skewer • Large: 2 skewers

DESSERT

Baklava | \$7.25



Gambari | \$22

Basil linguine with shrimp, mushrooms, tomatoes, onions, and fresh herbs in our signature red sauce

Pignolia | \$24.95

Basil linguine with broccoli, mushrooms, onions, pine nuts, garlic, feta, and fresh herbs in creamy sauce

Filetto | \$24.95

Basil linguine with beef, roasted red peppers, onions, pine nuts, Parmesan, and fresh herbs in garlic-infused extra virgin olive oil

Weekly specials are based on local seasonal ingredients and market availability. Prices are subject to change

2900 Monroe Ave. Rochester, NY 14618 | Phone: 585.417.5006 | Open Daily | BashaMed.com